

## CURRICULUM VITAE



**Dr. ARVIND RITURAJ**

**Assistant Professor, GGS Department of Religious Studies,  
Punjabi University Patiala, Punjab, India, Pin Code- 147 002.**

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## **Experiences**

**Total Working Experiences-** More than 30 years

**Areas of Specialisation-** Teaching, Journalism, Religion, Buddhist Studies, Pali, Research, Social Services etc.

**Languages Known-** English, Hindi, Pali, Sanskrit, Punjabi, Magahi, Tibetan

### **Details of Experiences**

- Working as Assistant Professor in the Guru Gobind Singh Department of Religious Studies, Punjabi University, Patiala from December 16, 2011.
- Worked as Assistant Professor (Guest) in the Department of Buddhist Studies, University of Delhi from September 21, 2010 to April 30, 2011.
- Worked as Senior Reporter cum Researcher in The Hindustan Times Group of Publications, New Delhi from May 15, 2005 to December 15, 2011.
- Worked as Reporter for daily dainik HINDI HINDUSTAN under The Hindustan Times Group of Publications, New Delhi from 2000 to May 2005.
- Worked as Reporter for daily dainik NAVBHARATTIMES under The Times of India Group of Publication, New Delhi from 1995 to 2000
- Worked as Freelance Journalist in Delhi from 1990-1995.

## **Educational Qualifications**

1. **Ph.D-** University of Delhi, Delhi.
2. **M.Phil-** University of Delhi
3. Four **Master** Degrees (4M.As.)
  - Master in Buddhist Studies, University of Delhi, Delhi
  - Acharya (M.A. in Pali, Sampurnanand Sanskrit Vishwavidyalaya, Varanashi.
  - Master in Mass Communication. Guru Jameswar University of Science and Technology. Hisar
  - Master in History, Indira Gandhi National Open University (IGNOU).
4. **Diploma and Certificate** Course
  - Certificate Course in Pali Language and Literature, University of Delhi, Delhi
  - Post Graduate Diploma in Journalism (Hindi). Indian Institute of Mass Communication (**IIMC**), New Delhi under Ministry of Information and Broadcasting, Government of India

## **Fellowships and Scholarships**

- Merit Scholarships during throughout school and college times.
- Freeship Merit Scholarship during Master.
- Junior Research Feshoship (JRF) in Pali by University Grants Commission (UGC)
- National Eligibility Test (NET ) in Buddhism, Jainism, Gandhian and Peace Studies by University Grants Commission (UGC)
- National Eligibility Test (NET ) in Mass Communication by University Grants Commission (UGC)

# PUBLICATIONS

## Books

- **The Questions of King Milinda (ed.) (2 vols.)**  
J.P. Publishing House, Delhi, 2013 (ISBN: 81-86702-67-9)
- **Dialogues With the Masses In Ancient India**  
Vidyaniidhi Prakashan, Delhi, 2013 (ISBN:978-93-80651-53-8)
- **Buddha Dharam Di Ruparekha (Punjabi)**  
Gracious Books Patiala, 2015 (ISBN: 978-93-80906-75-1).
- **The Meaning of Life (ed.)**, Publication Bureau, Punjabi University, Patiala, 2017 (ISBN: 978-81-3020452-9)
- **Gautam Se Taski Tak (ed.)**, Saptrishi Publications, Chandigarh, 2018. (ISBN: 978-93-87745-20-9)

## Chapters in Books

- A paper entitled BUDDHA-BANI: TRIPITAKA published in a book entitled DHARAM-GRANTHA , BANTATA ATE SIDHANTA published by Publication Bureau, Punjabi University Patiala, 2019, ISSN: 978813020502.
- A chapter entitled *The Meaning of Life in Buddhism* in book entitled THE MEANING OF LIFE- Interreligious Understanding and Buddhism published by PUBLICATION BUREAU PUNJABI UNIVERSITY, PATIALA in 2017. ISBN: 978-81-302-0452-9.
- A chapter entitled *Budh Dharam Vich Istariyan Di Sathiti* published in book entitled Interfaith Dialogues on Women's Rights, Responsibilities, and Empowerment published by Sri Guru Teg Bahadur Khalsa College, Anandpur Sahib, Ropar in 2016. ISBN; 978-81-928758-2-8.
- A Chapter entitled *The Socio-Spiritual Concern of Buddhism* published in the proceeding of National Seminar by Punjabi University, Patiala. The seminar was organized on the central theme **Socio-spiritual Concern of Religion** by Prof.

Harbans Department of Encyclopedia of Sikhism, Punjabi University, Patiala on March 9-10, 2015, ISBN: 9788130203256.

- A Chapter entitled *Environmental Wisdom in Buddhism* published in a book entitled Environmental Issues: Spritual Solution by GSSDGS Khalsa College, Patiala, 2013. ISBN: 9788190975568.
- A Chapter entitled *The Nature of Service in Buddhism* published in a book entitled Seva Da Sankalpa, Gurudvara Gur Gian Prakash, Ludhiana, 2013, ISBN: 9789387745208.

### Research Papers

- A paper entitled *Mahamoggallana: The Great Disciple of The Mahatma Buddha* published in a Biannual Journal STUDIES IN SIKHISM AND COMPARATIVE RELIGION Volume XLVIII Number-1 Issue January-June 2023 by GURU NANAK FOUNDATION, NEW DELHI, ISBN: 9788194832645.
- A paper entitled *Social Engineeering of Lord Buddha Based on Pāli Literature* published in Dharamdoot Vol 86, November 2020 by MAHA BODHI SOCIETY OF INDIA (International Pali Institute) Sarnath, Varanasi(U.P.) India. ISSN: 2347-3428
- A paper entitled *Social Engineeering of Guru Nanak Dev Ji: A Buddhist Perspective* published in the Journal Studies in Sikhism and Comparative Religion in the Volume-XLII Number-1 Jan-June 2019, ISBN: 9788193760758.
- A paper entitled BUDDHA-BANI: TRIPITAKA published in a book entitled DHARAM-GRANTHA , BANTATA ATE SIDHANTA published by Publication Bureau, Punjabi University Patiala, 2019, ISSN: 978813020502.
- A paper entitled *The Elements of Mass Communication in Ancient India* published in Dharamdoot Vol 83, November 2017 by MAHA BODHI SOCIETY OF INDIA (International Pali Institute) Sarnath, Varanasi(U.P.) India. ISSN: 23473428.

- A paper entitled *Baudh Dharam mein Jeene Ki Raha* published in PANCHBATI SANDESH, a Quartely Journal of Dr. Balbir Singh Sahitya Kendra, Dehradun, Punjabi University, Patiala on April-June,2017. ISSN: 0970-7689.
- A chapter entitled *The Meaning of Life in Buddhism* in book entitled THE MEANING OF LIFE- Interreligious Understanding and Buddhism published by PUBLICATION BUREAU PUNJABI UNIVERSITY, PATIALA in 2017. ISBN: 978-81-302-0452-9.
- A chapter entitled *Budh Dharam Vich Istariyan Di Sathiti* published in book entitled Interfaith Dialogues on Women's Rights, Responsibilities, and Empowerment published by Sri Guru Teg Bahadur Khalsa College, Anandpur Sahib, Ropar in 2016. ISBN; 978-81-928758-2-8.
- A paper entitled *Socio-spiritual concern of Buddhism* published in the proceeding of National Seminar by Punjabi University, Patiala. The seminar was organized on the central theme **Socio-spiritual concern of Religion** by Prof. Harbans Department of Encyclopedia of Sikhism, Punjabi University, Patiala on March 9-10, 2015.
- A paper entitled *Preservation of Nature and Buddhism* published in the Journal of Religion and Sikh Studies published by Sri Guru Granth Sahib World University, Fatehgarh Sahib, Punjab, January-June, 2014.
- A paper entitled *Mahila Sashaktikaran aur Baudhdharm* published in PANCHBATI SANDESH, a Quartely Journal of Dr. Balbir Singh Sahitya Kendra, Dehradun, Punjabi University, Patiala on Jan-March, 2014.
- A paper entitled *The Panchsheel: Bodh Achara Sahita da Adhara* published in the Dharam Adhiyain Patrika a journal of Guru Nanak Adhiyain Vibhag, Guru Nanak Dev University, Amritsar, 2013.
- A paper entitled *The Nature of Service in Buddhism* published in a book entitled Seva Da Sankalpa, Gurudvara Gur Gian Prakash, Ludhiana, 2013.

- A paper entitled *Environmental Wisdom in Buddhism* published in a book entitled Environmental Issues: Spritual Solution by GSSDGS Khalsa College, Patiala, 2013.
- A paper entitled *The Concept of Human Service in Buddhism* published in PANCHBATI SANDESH, a Quartely Journal of Dr. Balbir Singh Sahitya Kendra, Dehradun, Punjabi University, Patiala on July-September, 2013.
- A paper entitled *The Concept of Personality Development in Buddhism* published in *Sangayana* The International Journal of Buddhist Studies published by Pali Language & Literature Research Council, New Delhi, November 2012-October 2013.
- A paper entitled *Buddhism In Punjab Through The Ages* published in *Sangayana* The International Journal of Buddhist Studies published by Pali Language & Literature Research Council, New Delhi, October, 2012.
- A paper entitled *Bhakti men moksha ke samajika sarokara* published in Guramati Gyana, June 2012.
- A paper entitled *B.R. Ambedkar's Analysis of the Background of Origin of the Dhammkacakka* published in the Bodhi-Path Jan-July 2012.
- A paper entitled *The Buddha: The Greatest Mass Communicator* published in The Journal of the Department of Buddhist Studies, University of Delhi Volume xxxiii June 2007.
- A paper entitled *The Evolution of Dialects and Languages in Buddhist India* published in The Journal of the Department of Buddhist Studies, University of Delhi Volume xxii November 2002.
- A report entitled *Upekshita padi hai Gautam Buddha ki bahumulya pratima* published in Navabharat Times, 01 June 1998.
- A report entitled *Shekh Nizamuddin Aulia Do Sampradayo Ke Setu* published in Akshar Bharat Weekly February 03-09, 1997.

- A report entitled *Delhi Ke Bauddh Sabhi Se Pichare Huan Hain* published in Dainik Vandematram Delhi July 02, 1997.
- A report entitled *Mansik Vikriti Ka Koi Anta Nahin* published in Dainik Vandematram Delhi May 15, 1997.
- A report entitled *Delhi Vishwavidyalaya Men Shiksha Ke Girate Star Ke Liye Kaun Jimedar* published in Dainik Vandematram Delhi July 15, 1997.
- A paper entitled *Dhammapada Men Brahmana Ki Avadharna* published in 'Yug Udbodhan, February 1996

## **Articles in Newspapers/Magazines**

- **Thousands** of Byline Stories, News items, Views, Articles, Reportings, Interviews etc published in different Newspapers/Magazines

### **Orientation/Refresher Course/ Quality Improvement Programme/ Workshops attended**

- Participated as a Resource Person in 5 Days Workshop on **RESEARCH METHODOLOGY IN RELIGIOUS STUDIES** organised by Guru Gobind Singh Department of Religious Studies Punjabi University, Patiala from 06 March, 2023 to 10 March 2023.
- Attended 14 days Refresher Course Programme organised by UGC-HRDC Punjabi University, Patiala sponsored by University Grant Commission from 01/08/2021 to 13/08/2021.
- Attended 14 days Refresher Course Programme organised by UGC-HRDC Punjabi University, Patiala sponsored by University Grant Commission from 15/01/2021 to 29/01/2021.
- Attended 14 days Refresher Course Programme organised by UGC-HRDC Punjab University, Chandigarh sponsored by University Grant Commission from 10/10/2019 to 23/10/2019.

- Attended 28 days Orientation Programme organised by UGC-HRDC Punjabi University, Patiala sponsored by University Grant Commission from 03/01/2018 to 31/01/2018.
- Participated in 3 days workshop organized by Punjabi Computer Sahayita Kendra, Punjabi University, Patiala on the theme *Audio-Video Sampadana* during February 26-28, 2019.
- Participated in 7 days workshop organized by Punjabi Computer Sahayita Kendra, Punjabi University, Patiala on the theme *punjabi vich computer di varton* during February 04-12, 2019.
- Participated in 15 days workshop organized by Guru Gobind Singh Department of Religious Studies, Punjabi University, Patiala and guru Gobind Singh Chair, sponsored by Ministry of Culture, Government of India on the theme HERMENEUTICS OF GURU NANAK BANI on the occasion of Celebration 550th Birth Anniversary of Guru Nanak Dev Ji during 03-17 December 2018.
- Participated in 07 days Workshop organized by **Department of Religious Studies, Punjabi University Patiala** on the occasion of Golden Jubilee Celebrations of the Department during 21 to 27 December 2017.
- Participated in 10 Days National Workshop as Resource Person organised by Guru Gobind Singh Department of Religious Studies, Punjabi University, Patiala on the theme **Life and Philosophy of Guru Gobind Singh** during January 30- February 08, 2017.
- Participated in 07 days workshop as a Resource Person on the theme **World Scriptures** jointly organized by Guru Gobind Singh Department of Religious Studies & Dr. Balbir Singh Sahitya Kendra, Dehradun, Punjabi University Patiala during 22-28 March 2014.

## **Research Papers Presentations**

### **International Conferences/Seminars**

- A paper entitled *Buddhist Education and National Education Policy 2020* presented in an International Conference (A Virtual Meet) on Pali and Buddhism organised by International Pali Institute, Maha Bodhi Society of India at Sarnath,



Varanasi (At the Place where Lord Buddha preached His First Sermon) on November 01-02, 2020.

- A paper entitled *The Elements of Mass Communication in Ancient India* presented in an International Conference on Pali and Buddhism organised by International Pali Institute, Maha Bodhi Society of India at Sarnath, Varanasi (At the Place where Lord Buddha preached His First Sermon) on November 11-13, 2016.
- Participated as a Delegate in the International Seminar entitled **Religious Understanding and Social Harmony** organised by Professor Harbans Singh Department of Encyclopaedia of Sikhism, Punjabi University, Patiala on March 5-7, 2014.
- A paper entitled *Buddhism: A Bridge between India and Sri Lanka* presented in International Conference on **Introspection on Buddhist Traditions** organized by School of Buddhist Studies and Civilization, Gautam Buddha University, Greater Noida, September 7-9, 2012.
- A paper entitled *Pali: A Bridge Between India and Sri Lanka* presented in International Conference on central theme Buddhist Linkage in South and South-East Asia: Perspectives and Prospects by the Department of Buddhist Studies, University of Delhi, during October 07-09<sup>th</sup>, 2011.
- A paper entitled *Pali Literature: A Reliable Source of Ancient Indian Mass Communication* presented in International Seminar on the central theme **Pali Language and Literature: Perspectives and Prospects** by the Department of Buddhist Studies, University of Delhi during February 17-19, 2005.
- A paper entitled *Buddhism in Ecological Prespective* presented in International Buddhist Conference held at Nava Nalanda Mahavihara, Nalanda during December 8- 10<sup>th</sup>, 1996.

### **National Seminars**

- A paper entitled *Social Harmony and Interfaith Dialogue as reflected in the Teachings of Mahatma Buddha and Guru Nanak Dev Ji* presented in a National Conference on the theme THE VISION OF GURU NANAK DEV JI TOWARDS SOCIAL HARMONY AND INTERFAITH DIALOGUE jointly organized by Shri Guru Gobind Singhji Adhyasan Sankul & Research Centre, Swami Ramanand Teerth

Marathwada University Nanded, (Maharashtra) & Guru Gobind Singh Chair Punjabi University, Patiala (Punjab) on August 23, 2019.

- A paper entitled *Baudha Dharam Mein Jine Ki Raha* presented in a National Seminar organised by Guru Gobind Singh Department of Religious Studies, Punjabi University, Patiala on the theme **The Meaning of Life and Buddhism** on March 07-08, 2017.
- A paper entitled *Guru Gobind Singh: Garibon Ke Masiha, Baudh Dharam Ke Sath Tulanatmaka Adhyayaan* presented in a National Seminar organised by Punjabi University Dr. Balbir Singh Sahitya Kendra on the theme **Guru Gobind Singh: Life, Personality and Contribution to Human Development** at Dehradun on February 13-14, 2017.
- A paper entitled *Guru Gobind Singh Ke Samajika Sarokara Baudha Dristikona* presented in a National Workshop organised by Guru Gobind Singh Department of Religious Studies, Punjabi University, Patiala on the theme **Life and Philosophy of Guru Gobind Singh** on January 30- February 08, 2017.
- A paper entitled *Meditation and Vipassana in Buddhism* presented at National Seminar organised by Guru Gobind Singh Department of Religious Studies, Punjabi University, Patiala on the theme *Jain Dhyana-Sadhna and Preksha Meditation* on November 29-30, 2016.
- A paper entitled *The Emerging Trends in Buddhism* presented at National Seminar organised by Indian Society of Buddhist Studies on the main theme *Pali And Buddhist Studies* at Punjabi University, Patiala on October 21-23, 2016.
- A paper entitled *Concept of Sarbat da Bhala in Buddhism* presented in National Seminar organised by Gurdwara Gur Gian Prakash Jawaddi Taksal, Ludhiana on the theme *Vishav Dharma Vich Sarbat Da Bhala* at Ludhiana on June 12, 2016.
- A paper entitled *Socio-spiritual concern of Buddhism* presented at National Seminar organized on the central theme **Socio-spiritual concern of Religion** by Prof. Harbans Department of Encyclopedia of Sikhism, Punjabi University, Patiala on March 9-10, 2015.
- A paper entitled *Lord Buddha and His Teachings* presented at National Seminar on **Religious Founders and Their Philosophies** by Guru Gobind Singh Department of Religious Studies, Punjabi University Patiala, November 11-12, 2014.

- A paper entitled *The Buddhist Scriptures* presented in workshop on the theme **World Scriptures** jointly organised by Guru Gobind Singh Department of Religious Studies & Dr. Balbir Singh Sahitya Kendra, Dehradun, Punjabi University Patiala on March 22-28, 2014.
- A paper entitled *Women in Buddhism* presented on the theme **Role of Religion in Women Empowerment** organised by Dr. Balbir Singh Sahitya Kendra, Dehradun, Punjabi University, Patiala on February 12-13, 2014.
- A paper entitled *Sarva Dharma Samabhava ke Agraduta the Acharya Tulsi* presented on the theme **Acharya Tulsi's Philosophy & Religion** organised by Guru Gobind Singh Department of Religious Studies, Punjabi University Patiala, December 6-7, 2013.
- A paper entitled *The Buddhist Way of Personality Development* presented at National Seminar on **Role of Religions in the Personality Development** by Guru Gobind Singh Department of Religious Studies, Punjabi University Patiala, January 22-23, 2013.
- Participated as Delegate in **5<sup>th</sup> All India Punjabi Conference** organized by Punjabi University Patiala, 30 April- 01 May 2012.
- A paper entitled *Environmental Wisdom in Buddhism* presented in the Interfaith National Conference on Environment Management organized by School of Commerce and Management, GSSDGS Khalsa College Patiala on March 24, 2012.
- A paper entitled *Buddhism and Modern Society* presented in National Seminar on central theme **Relevance of Buddhism Today** held by Guru Gobind Singh Department of Religious Studies, Punjabi University, Patiala on March 31, 2011.

## Research Guidance

### M.Phil.

- Veerpal Kaur. 2018. **Buddha Dharam Ate Sikh Dharam vich Naitikta: Ek Tulnatmik Adhayan (Dhampadda Ate Japuji Sahib de Vishesh Hawale NaI)**.Guru Gobind Singh Department of Religious Studies, Punjabi University Patiala.

- Lakhvir Singh. 2018. Sikh **Rahat Maryada Ate Buddha Vinaya: Tulnatmak Adhayan**. Guru Gobind Singh Department of Religious Studies, Punjabi University Patiala.
- Rajdeep Kaur. 2019. **Adhaytmik Unati: Bodhistava Ate Brahamgyani de Vishesh Sandarbh Vich**. Guru Gobind Singh Department of Religious Studies, Punjabi University Patiala.
- Prabhjot Singh, 2021. **Dharam ate Vishwas: Ek Darshnik Adhyan** Guru Gobind Singh Department of Religious Studies, Punjabi University, Patiala.
- Kulwinder Singh, 2023. **Japuji Ate Dhammapada Vich Sankhya Vachak Shabd: Ek Sarvekhan** Guru Gobind Singh Department of Religious Studies, Punjabi University, Patiala.

#### **Ph.D.**

- Rajesh, Date of Registration-09-04-2018 **Punjab De Lokan De Dharmik Sanskar Ate Inha Da Badalata Saroop** Guru Gobind Singh Department of Religious Studies, Punjabi University Patiala, Co-Supervisor- Dr. Pradyumna Shah Singh.
- Manpreet Kaur, Date of Registration-10-01-2017 **Brahm Da Saroop : Vedanta Ate Gurmati Darshan De Sandarbh Vich** Guru Gobind Singh Department of Religious Studies, Punjabi University Patiala, Co-Supervisor-Dr. Pradyumna Shah Singh.
- Daljit Kaur, Date of Registration-15-03-2017 **Budhmat Ate Gurmat Vich Gyan Sidhant: Ek Tulnatmak Adhyan** Supervisor- Dr. Rajinder Kaur Rohi
- Tejinder Kaur, Date of Registration-08-06-2017 **Sikh Dharam Ate Budhha Dharam Vich Karam Sidhant Da Tulanatmak Adhyan** Guru Gobind Singh Department of Religious Studies, Punjabi University Patiala, Co-Supervisor- Dr. Harpal Singh Pannu
- Harsimranjit Singh Date of Registration-08-03-2018 **Bodh Vihar Ate Sidh Gurdwara Sanstha Da Tulnatmak Adhyan** Guru Gobind Singh Department of Religious Studies, Punjabi University Patiala, Co-Supervisor-Dr. Harpal Singh Pannu.
- Rajesh, Date of Registration-09-04-2018 **Punjab De Lokan De Dharmik Sanskar Ate Inha Da Badalata Saroop** Guru Gobind Singh Department of Religious Studies, Punjabi University Patiala, Co-Supervisor- Dr. Pradyumna Shah Singh.
- Jagjit Singh Date of Registration - 16-08 -2018 **Bodhmat Ate Gurmat : Vartman samajik Chunautiyan (Jati Ate Ling Bhedbhav De Vishesh Sandarbh Vich)**, Guru Gobind Singh Department of Religious Studies, Punjabi University Patiala, Co-Supervisor- Dr. Harpal Singh Pannu.

- Jagdeep Singh, Date of Registration-03-12-2018 **Bhai Nand Lal Ji Di Rachna Vich Ahyatamik Anubhav: Ik Adhyan** Guru Gobind Singh Department of Religious Studies, Punjabi University Patiala, Co-Supervisor- Dr. Harpal Singh Pannu.
- Raghuvir Singh Date of Registration-22-03-2022 **Punjab Vich Apahaj Dekhbhal Ate Chikitsa: Naitik Pakh Ton Sarvekhan** Department of Philosophy, Punjabi University, Patiala, Supervisor- Dr. Gurjit Singh Mann
- Prabhjit Singh, Date of Registration-00/00/2023, **Ethical Principles of Jainism: A Philosophical Analysis**, Department of Philosophy, Punjabi University Patiala Supervisor-Dr. Paradeep Kumar
- Ritu Bala Date of Registration- **Uttaraadhyana sutra aur Valmiki Ramayan me Prem Da Sankalpa**Supervisor- Dr. Pradyumna Shah Singh
- Manpreet Singh Date of Registration-00/00/2023 **Bhai Vir Sigh Di Sanpadana JugatiAte Abhiyasa: Giyanatmaka Anubhava de Sandharbha Vich** Supervisor- Dr.Jaswinder Singh

## **Achievements and Awards**

- Honoured for *Social Service* by Priyadarshi Ashok Sewa Samiti, Samrat Ashok Baudh Vihar Sarnath (Rishipattan), Varanasi in a conference held at Sarnath-2016.
- **Matrishree Award** presented by Union Minister for Information and Broadcasting Mr. Arun Jaitely and Ex. Chief Minister of Delhi and Ex. Central Minister and Member of Parliament Mr. Madan Lal Khurana in New Delhi-2000
- **Bhagirathi Samman** by Bhagirathi Samajik Sanskritik Manch for the contribution in the field of education, cultural and social service in New Delhi-2006.
- Award of **Academy of Geography Teachers**, New Delhi-2004.
- **K.L Chopra Media Health Award** by Heart Care Foundation of India for awaking common people on health related issues in New Delhi-2006.
- Awarded by **Uttar Pradesh Journalists Association**, Noida given by Shri Ashok Pradhan, Member of Parliament (M.P.), Lok Sabha.

- Many letters containing words of praises, fecilitations etc received from different organisations, institutions, MPs, MLAs and so on likefecilited by **PT Education** for the contributions in the field of Mass Communication,